



32nd AA Triborders Intergroup North Sea Convention 2021 with Al-Anon participation

PROGRAMME

	AA (Zoom ID 873 5772 4513)	AL-Anon (Zoom ID 275 295 416)
09 – 09.55	Welcome "Come on in, the Water's Warm"	
10 – 10.55	Opening "Welcome from the Chair – A Prescription for a Miracle", Casey (DE)	
11 – 11.55	Topic Meeting: "Step 10 Promises, Chapter 6 'Into Action' BB 84/85", Mario (BE)	Topic Meeting: "Calming my mind", Alcoholism, the Family Disease. October 1st, Jean-Luc (BE)
12 – 12.55	AA Speaker Dorien (NL)	
13 – 13.55	Lunch (Breakout rooms)	
14 – 14.55	Topic Meeting: "We are miracles, Daily Reflections 1 January", Jan F. (BE/DK)	Topic Meeting: "Victim no more", Ava (BE)
15 – 15.55	AA Speaker Karen (USA)	
16 – 16.55	Topic Meeting: "Spiritual Experience (Appendix II) BB 567/568", Floyd K. (DE)	Topic Meeting: "Making Choices", Suzanne (BE)
17 – 17.55	Al-Anon Speaker Ann (BE) AA Keynote Speaker Tyler (DE)	
18 – 19.00	Live Music Session with: Rob (BE), Brendan (UK), Louise (UK), Patrick (IE), Nick (UK), Donna (FR), Pravin (UK), Mark (NL)	

Please register at <https://nsc2021.online/#register> to receive the Zoom password.